

Project Completion Report 30/03/2026

**NUTRITIONAL FOOD SUPPORT TO VULNERABLE FAMILIES
(ZAKAT AL- FITR 2026) IN RAUTAHAT, MAHOTTARI AND**



10KG NEWARI RICE BAG DISTRIBUTION AT BAUHARWA MADARSA

KAPILVASTU DISTRICT

NUTRITIONAL FOOD SUPPORT TO VULNERABLE FAMILIES (ZAKAT AL- FITR) IN RAUTAHAT, MAHOTTARI AND KAPILVASTU DISTRICT

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Author: RDC Nepal

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ACRONYMS AND ABBREVIATIONS

Project-Based Acronyms

- **NFSVF** – Nutritional Food Support to Vulnerable Families
- **QC** – Qatar Charity
- **ZAF-2026** – Zakat Al-Fitr 2026
- **NFS Project** – Nutritional Food Support Project

Implementation & Process

- **RDC-N** – Rural Development Center Nepal
- **HHs** – Households
- **BoQ** – Bill of Quantities
- **RFQ** – Request for Quotation
- **L1 Vendor** – Lowest Bidder Vendor
- **ToR** – Terms of Reference

Target Groups

- **PVF** – Poor and Vulnerable Families
- **OCH** – Orphan Children
- **MC** – Marginalized Communities
- **PWD** - Person with disability
- **MCM** – Muslim Community Members

Monitoring & Results

- **M&E** – Monitoring and Evaluation
- **KPI** – Key Performance Indicator
- **GEDSI** - Gender and Social Inclusion
- **OU** – Output Units
- **PDO** – Project Development Objective

Coordination & Stakeholders

- **LGU** – Local Government Unit
- **WC** – Ward Chairperson
- **SM** – Social Mobilizer
- **CSO** – Civil Society Organization

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SECTION 1: BACKGROUND

BASIC INFORMATION AND PURPOSE OF THE PROJECT

Name of the Project	Nutritional Food Support to Vulnerable Families (Zakat Al-Fitr 2026) In Rautahat, Mahottari & Kapilvastu districts	
Financial Supporting Partner	Qatar Charity Nepal	
Implementing Partner	RDC Nepal	
Goal of the Project	To ensure vulnerable families have access to a nutritious diet and enough food to meet their daily needs.	
Objective of the Project	<ol style="list-style-type: none">1. To provide nutritional food support to poor and needy families to help improve their health and wellbeing.2. To ensure that basic food items are available to families in need in order to prevent malnutrition and hunger.3. To create and strengthen partnerships with local organizations and government agencies to provide effective nutritional food support to vulnerable families.	
Output	950 HHs received 10 KG Basmati rice. (Newari Shahi Pulao) (400 HHs in Rautahat 200 HHs in Mahottari and 350 HHs in Kapilvastu districts.)	
Implementing Partner details:		
Name of Focal Person	MATIUR RAHMAN	
Designation	Program Officer	
Contact Number	9869696323	
E-mail	Matiur.rahman@rdcnepal.org	
Project period	Start date of Project	End of the project
	11 MARCH 2026	25 MARCH 2026

SCOPE OF THE PROJECT

PROJECT LOCATION

The project was implemented in Various Municipalities of Rautahat, Mahottari and Kapilvastu District.

SECTION 2: PROJECT DESCRIPTION AND ACHIEVEMENT

The project titled “**Nutritional Food Support to Vulnerable Families (Zakat Al-Fitr 2026)**” was successfully implemented across Rautahat, Mahottari, and Kapilvastu districts, targeting some of the most vulnerable populations. Beneficiaries were carefully identified through recommendations from government bodies, ensuring inclusion of poor and vulnerable families, orphan children, marginalized groups, and Muslim communities. This collaborative selection process enhanced the credibility, fairness, and transparency of the intervention.

Procurement of food items was conducted through a transparent and competitive sealed quotation process involving three vendors. The supplier offering the lowest bid while meeting quality standards was awarded the contract. This approach ensured cost-effectiveness, accountability, and value for money. The distribution events were conducted in coordination with local stakeholders, including Ward Chairpersons, RDC representatives, ward members, youth groups, community members, and social workers. Their presence strengthened community ownership, trust, and transparency throughout the process.

As a key achievement, a total of **950 households** received **10 kg of Basmati rice (Newari Shahi Pulao)**, with **400 households in Rautahat, 200 in Mahottari, and 350 in Kapilvastu**. The project successfully met its intended goal as per the contract agreement, addressing immediate nutritional needs during a critical period. Beyond short-term relief, the initiative reinforced social solidarity, dignity, and inclusion among vulnerable communities.

SECTION 3: BENEFICIARIES DETAIL

Through this project, Below are the details of the beneficiaries.

RAUTAHAT DISTRICT	MAHOTTARI DISTRICT	KAPILVASTU DISTRICT
400 Households	200 Households	350 Households
950 Households		

SECTION 4: RISK AND CHALLENGES

Despite its success, the project faced several potential risks and operational challenges. One major challenge was accurate beneficiary identification, as there is always a risk of exclusion or inclusion errors in vulnerable settings. Logistical constraints, such as transportation delays and distribution management across multiple districts, posed operational difficulties. Additionally, price fluctuations in food commodities could have affected procurement planning and budgeting. Weather conditions and local accessibility

issues also posed risks to timely delivery. Ensuring transparency while managing expectations among non-beneficiaries was another social challenge that required careful communication and coordination with local leaders.

SECTION 4: BEST PRACTICES

The project demonstrated several best practices that contributed to its success. First, strong coordination with government bodies ensured legitimacy and accurate targeting of beneficiaries. Second, the use of a sealed quotation procurement process promoted transparency, competitiveness, and cost-efficiency. Third, community engagement and stakeholder participation during distribution enhanced trust, accountability, and local ownership. Fourth, maintaining clear documentation and adherence to contractual agreements ensured smooth implementation and monitoring. Lastly, focusing on culturally appropriate food items (such as Basmati rice for festive use) respected the dignity and preferences of beneficiaries.

SECTION 4: CONCLUSION

Overall, the project stands as a strong example of effective humanitarian assistance, combining transparency, community participation, and efficient resource management. It not only fulfilled immediate nutritional needs but also strengthened community cohesion and trust, demonstrating the meaningful impact of compassion-driven initiatives.

SECTION 4: FEW GLIMPSES



